

BE PREPARED BEFORE A STORM STRIKES

In the event of a power outage, be prepared by keeping an emergency supply kit. It is important that individuals consider where they live, and the unique needs of their family, in order to create a kit that will meet these needs. Following is a listing of some basic items that every power outage supply kit should include.

Water. Fill up water bottles for drinking, and the bathtub and/or buckets for bathroom purposes. No matter what the emergency, we'll always need to drink water, and go to the bathroom. One gallon of water per person per day for at least three days, for drinking and sanitation is recommended.

Non-perishable food. Have some food handy that doesn't have to be refrigerated or cooked. Ideas include granola/energy bars, fruit, canned produce, peanut butter, bread, crackers, and nuts. Storms don't stop for hunger!

Medication and first aid kit. If you're taking any prescription medication, make sure you have an adequate supply on hand at the first sign of a major storm. Also remember a first aid kit is always a good idea, just in case!

Alternate lighting. Grab your flashlights and fresh batteries, candles, or other illumination to make sure you can see and be safe! If you're using candles, make sure you have matches or a lighter handy.

Charged cell phone. Have a charged cell phone or corded telephone on hand. Cordless phones will not work when your power is out. **Remember to report your outage** through your online account, GLE app, or by calling 1-888-GT-LAKES (1-888-485-2537). To download our app, search for "GLE" on the App Store or Google Play.

Board games, cards, and books. For some, being cut off from technology can get very lonely and isolating. Always keep some books and board games around to help pass the time. Have some fun, and escape for a while.



Other options to consider:

- **Battery powered fan.** These can help beat the summer heat and make a big difference.
- **Hand and feet warmers.** You can purchase a box of these from the store for a reasonable price and they may pay off in a cold winter storm.
- **Battery operated radio.** Radio stations provide updates on weather situations and GLE works with radio stations to provide updates.
- **Hand sanitizer and wipes.** These items will help conserve water.
- **Generator.** Even a small generator to keep your furnace and refrigerator running is beneficial.